

## Notes

**Elders:** elders@puyallupcofc.org  
 Chris Bartlett (253) 537-0734  
 Gene McCaul (253) 863-1234  
 Bob Sallee (253) 435-7658  
 Ken Wilson (253) 820-9150

**Deacons:**  
 Hugh Kile Missions (253) 507-7060  
 John Dacca Fellowship (253) 445-4854

**Pulpit Minister:** Mark Jamieson (270) 776-1944  
**Involvement Minister:** Gene McCaul (253) 863-1234  
**Counseling Center:** Ken Wilson (253) 820-9150

**Secretary:** Carolyn McCaul (253) 845-6312  
**Bookkeeper:** Sue Pedersen (253) 848-5538  
**SIBINW Director:** Bob Stump (206) 664-1814

## Speakers and Sermons

Nov. 06 **AM Sermon: Mark Jamieson** - "The Source of True Unity" Ephesians 4:1-3

**PM Sermon: Mark Jamieson** - "The Multitude of Your Tender Mercies"

To Request Recordings: mark.brown77@me.com

## Class Topics



**Sunday Morning** Adults: Auditorium - "The Book of Romans"

Adults: SIBI classroom - "Ephesians"

**Wednesday Evening** Adults: Auditorium - "Learning to Pray"

Elder for Nov. G. McCaul

Deacon for Nov. H. Kile

Ladies' Committee for Nov. C. McCaul and S. Dacca

ATTENDANCE 10/31: 145 CONTRIBUTION 10/31: \$2,789.00

AVG. WEEKLY CONTRIBUTION Oct.: \$3,104.80

## Worship Assignments

MORNING SERVICE	NOV 6	NOV 13
Announcements/Prayer	K. Wilson	G. McCaul
Song Leader	J. Holland	C. Bartlett
Head of Lord's Table	G. Linton	C. Johnson
Assist	J. Dacca	J. Zakem
Assist	J. Monts	K. Petty
Assist	J. Santiesteban	J. Ravet
Assist	D. Jamieson	C. Ebenstiner
Assist Upstairs	F. Reiff	J. Kemp
Scripture Reading	V. Blinkov	T. Jensen
Sermon	M. Jamieson	M. Jamieson
Closing Prayer	H. Kile	J. Charpentier
Greeter/Usher	D. Collins	D. Collins
Family Greeters	Santiestebans	Pettys
EVENING SERVICE		
Announcements	D. Sergent	B. Stump
Song Leader	M. Brown	G. McCaul
Sermon	M. Jamieson	M. Jamieson
Table	J. Holland	J. Monts
Closing Prayer	J. Holland	J. Monts
<b>WEDNESDAY - Nov. 9</b>	C. Bartlett	

**Puyallup church of Christ**  
 November 6, 2016  
 402 5th St SW Puyallup, WA 98371 (253) 845-6312  
 office@puyallupcofc.org www.puyallupcofc.org

## WELCOME VISITORS!

Sunday Bible Study: 10 am Sunday Worship: 11 am & 5 pm

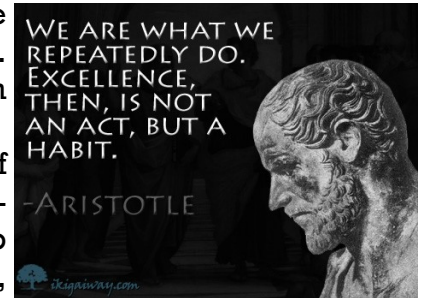
Wednesday Bible Study: 6:30 pm

**OFFICE HOURS: Monday-Friday 9:00 am - 1:00 pm**

## Excellence is a Habit

Aristotle said, "We are what we repeatedly do. Excellence, then is not an act, but a habit."

We are creatures of habit. Habits - overeating, thumb sucking, breath holding, nail biting, smoking, and the like - run the gambit from unpleasant to unhealthy. Other habits, like reading, healthy eating, exercise, money management, and getting adequate rest, greatly improve our quality of life. Yet our lives are all composed of habits from the time we wake up all the way up to bedtime. If a habit is negative, a cycle that includes triggers, feelings, and impulses can be broken anywhere along the way. If the habit is positive and needed, we can nurture that cycle by continuing it.



Think about certain spiritual matters that are matters of habit - faithful attendance, daily Bible study and prayer, pure speech, visitation, welcoming visitors at church services, involvement in church works, controlling the tongue, and any number of

personal growth matters. Aristotle was right. Excellence does not consist in doing something once. It is not even found in the sporadic, occasional engagement. We cultivate excellence by focusing on certain areas with repeated, persistent efforts.

Paul urged the church at Thessalonica to “abound more and more” (I Thessalonians 4:1). That consisted in knowing how “to walk and to please God.” Peter told the Christians dispersed abroad to keep their “behavior seemly among the Gentiles” (I Peter 2:12). In the second letter, he includes excellence - virtue - as a Christian grace (II Peter 1:5).

Excellence is not something we are born with or just wake up possessing. It is, as Aristotle says, a matter of our habits!

Neal Pollard

Glad Tidings of Good Things, Vol. 14, Mar. 20, 2008

## Family News



Fellowship Meal

**Monthly Fellowship Meal:** The monthly fellowship meal will be today after the morning worship. Everyone is invited to join us for some good food and fellowship.



**Women's Ministry Meeting:** There will be a meeting today after the fellowship meal for all Women Ministry leaders and co-leaders. Please let Jolene Bartlett know if you can't make this meeting.



**Thanksgiving Baskets:** Once again, we will be giving out Thanksgiving baskets to those in need. Please see Chris Bartlett if you would like to help out with the funding of these baskets or if you know of anyone who would be blessed to receive a basket of love this Thanksgiving.

## Family News (cont'd)



**Directory Updates:** It is time for updates to be done to the church directory. Please see Carolyn McCaul if you need to make any changes to your family's information. Carolyn will also be taking pictures after Sunday worship services and Wednesday Bible class starting November 13th.



**Game Night:** Everyone is invited to join us for a game night at the building Saturday, November 19th, 5:00 pm. Please bring your favorite games and finger foods to share.



**Delano Bay Christian Camp Work Days:** Plans have been made to refurbish the exterior of the cabins at DBCC this fall. There will be a work day every Saturday, except the first Saturday of each month, which will be the Men's Breakfast and Board meeting. The work day will start at 8:00 am and lunch, coffee, and snacks will be provided. Any and all help will be greatly appreciated. Please see Gene McCaul if interested or need more information.

## Prayer List

- ♥ Please pray for **our nation** to return to honoring and serving God.
- ♥ Please remember **Charles Ames** in your prayers. His doctors have given him four to six weeks. Pray for strength and courage to finish the race and for his life to make an impact on his family.
- ♥ **John Bailey's** sister, Pearl, passed away. Please pray for **the family** for peace and comfort at this time.
- ♥ **Marjorie Eldred's children's** father passed away last week. Please pray for peace and comfort for **the family** at this time.
- ♥ Please pray for peace and comfort for Gerit Richardson's daughter, **Kimberlee and her family**, after the passing of Kimberlee's father, Cornell.
- ♥ **Jim Johnson** will be having surgery for a knee replacement Monday. Please pray for surgery and recovery to go well.

## Prayer List (cont'd)

- ♥ **Billy**, Terry Williamson's neighbor, has stage 4 colon cancer. Please pray for Billy and his family during this difficult time and for **Terry** as she ministers to Billy.
- ♥ **Sue Linton** will be having an epidural to help with the back pain. She will be having surgery after the first of the year. Please pray the epidural works and for surgery to be successful.
- ♥ **Larry**, Bob Sallee's brother, is recovering from knee replacement surgery. Please pray for his recovery to go well.
- ♥ **Barbara Clark** had surgery Friday. Please pray for her recovery to go well with no complications.
- ♥ **Jodie**, Connie Sergent's younger sister is on the list for a liver transplant. Please pray for Jodie at this time.
- ♥ **Jimmy Zakem** has been dealing with debilitating back pain and will be having surgery soon. Please pray for the surgery to help and for his recovery to go well.
- ♥ Please remember to pray for **Sergio and Ashley Vizguerra**. Sergio will be stationed somewhere soon. Please pray for him to be stationed at Ft. Lewis.
- ♥ **Virgil**, Laurel-Anne Henton's father, had stints put in recently. Please pray for his recovery and for his health to improve.
- ♥ **Our Bible Studies:** Private studies with individuals.
- ♥ **Our Missionaries:** Roman & Johanna Halamicek (Slovakia), Clio Eldred (prison ministry), Mountain States Children's Home (Longmont, CO), Ray & Mariela Dennis (Cuernavaca, Mexico).
- ♥ **SIBI NW Students:** Doug Sears, Bobby Lumpkin, Jimmy Zakem.
- ♥ **Healthy Babies & Mothers:** Nerissa Main, Bryna Santiesteban.
- ♥ **Traveling:** Paris Rogers, Mark Farley, Gene McCaul, Marjorie Eldred.
- ♥ **Pray for Our Military:** David Gebbie, TJ Bostic, Curtis Ringus, Tim Chafins, Kimberly McGuire, Sergio Vizguerra.
- ♥ **Continuing Prayer Concerns:** Ida Reiff, Jorene Dake, Clio Eldred, Carter & Pat Conrad, Darryl & Debra Reitan, Joe & Erin Davis, Kristi Whitaker, Don Jackson, Brian Hevly, Kayley Wright, Stephanie Marzolf, Mark & Barbara Albertson, Arlene Luton, Charles Ames, Retha Avey, Barbara Clark, Lucy Shaffer, Jeanette Thomason, Marcia Cline, Glenda Reiff, Bill Brown, Wendy (Elaine's co-worker), Connie Sergent.